Dig deeper

Going it together

Alternative living arrangements information and research

*Home ownership and wellbeing amongst older New Zealanders*, a summary report by Massey University

*Earthsong Eco-Neighbourhood*, an innovative urban co-housing development in west Auckland and a model of socially and environmentally sustainable urban living

*Living Alone as a Lifestyle of Older People in New Zealand: Policy implications*, an article in Policy Quarterly

*Looking beyond the village*, an article in Aged Care and INcite

*Exploring security of tenure through co-design*, a report by Ministry of Business, Innovation and Employment, Auckland Council and Auckland Co-Design Lab

*Empty nests, crowded houses: Building for an ageing population*, a report by New Zealand Institute

*Living at home after 95 years*, a Massey University thesis

*Entering the twilight zone: Exploring the experience of older people as they transition their living accommodation*, a Canterbury University thesis

*How will New Zealand's ageing population affect the property market?*, by Statistics New Zealand

*Older people's health & housing*, Health and Disability Sector NGO Working Group paper

*The meaning of "ageing in place" to older people*, an article in *The Gerontologist*

*Draft report on housing affordability*, a submission by Age Concern

*A report into aged care: What does the future hold for older New Zealanders?*, a report by Labour, Greens and Grey Power

*Older people's housing futures in 2050: Three scenarios for an ageing society*, a report by CRESA and Motu Economic Public Policy and Research

*Older people and their social spaces: A study of well-being and attachment to place in Aotearoa New Zealand*, an article in *Social Science and Medicine*

*Nearly 100,000 Kiwis live in "other" housing arrangements*, an article on Stuff

*Older adults’ experience of family life linked lives and independent living: A qualitative analysis of interviews with thirty-six older adults*, a report by the Families Commission

*Two actors, one roof - how does that work?*, an article on Super Seniors
Deeper still...

Ageing is a rapidly expanding research field. This section of our website is intended for individuals, researchers or professionals with an interest in promoting mental wellbeing in older adults. A number of the papers can be downloaded free.

Bibliography of research on ageing in New Zealand, compiled by the Office for Senior Citizens

Towards gaining a greater understanding of elder abuse and neglect in New Zealand, a report by the Office for Senior Citizens

2014 report on the Positive Ageing Strategy, a report by the Office for Senior Citizens

New Zealand Positive Ageing Strategy, a report by The Minister for Senior Citizens

Ageing in a Material World, an article in the New Zealand Journal of Psychology

Ageing and Dementia: A compendium of New Zealand research literature, a bibliography compiled by Mental Health for Older People, Waikato District Health Board

Ageing Well in a New Country: Preliminary Findings of a Survey of Older Chinese in New Zealand, a report by the University of Waikato

Families, Ageing and Migration: Indian Communities in Auckland, Wellington and Christchurch, a report by the Institute of Policy Studies

Ageing Workforces and Ageing Occupations: A Discussion Paper, a report by the Department of Labour

Research reports and articles produced through key NZ studies:

- Life and Living in Advanced Age, a Cohort Study in New Zealand (LiLACS NZ)
- Enhancing Wellbeing in an Ageing Society (EWAS)
- New Zealand Longitudinal Study of Ageing (NZLSA)
- Health and Ageing Research Team (HART)

International research and other interesting material on ageing

The Australian Longitudinal Study of Ageing: 15 years of ageing in South Australia, report by Flinders University

Centre of Excellence in Population Ageing Research (CEPAR), a research centre at the University of New South Wales

Health and Retirement Study (HRS), a research study by the US National Institute on Aging and the University of Michigan
SHARE – Survey of Health, Ageing and retirement in Europe, a multidisciplinary and cross-national panel database of micro data on health, socio-economic status, and social and family networks

English Longitudinal Study of Ageing, an interdisciplinary data resource on health, economic position and quality of life as people age

Ageing and health, a factsheet by the World Health Organisation